



## CHAPTER V

# Newsletter

DECEMBER 2009



## CHAPTER V CONFERENCE: LEADING IN AN ERA OF CHANGE

Thanks to YOU, our Chapter V AYP members, the December 4-5 Conference at the Red Jacket Inn in North Conway, NH was a very successful event with 50 YMCA professionals in attendance! There were 10 YMCAs represented, including five from New Hampshire and five from Maine. We enjoyed the presence of our own resource director Mike Harrison, as well as George Mueller, who has an honorable 27 year YMCA career. George joined us to present a session, along with sessions by Jeanette Paul from the South Shore YMCA, George Wallace from Discovery Communications, Monica Elenbaas from YMCA of the USA, and Kellie Wardman and Deb Clark Valentine from the Greater Manchester Family YMCA.



*Conference speakers (left to right): Monica Elenbaas, George Mueller, and George Wallace.*

One of the highlights of the conference was raising over \$2,000 for the Employee Assistance Fund through a silent auction. The group had great meals, amazing opening thoughts, inspiring work sessions, endless networking and many, many laughs. Thanks to Crystal Chavarie from The Redwoods group and Keith Flanigan

and Tim Leary from New England Fitness for providing sponsorships for this year's conference.

One of AYP's longstanding traditions is chapter recognition of its members. Chapter V has a number of awards that are given annually to outstanding YMCA staff in our



region. Fellow AYP members nominate the recipients prior to the conference each year. Congratulations to this year's award winners:

**Becky Harkema, President's Award,** Northern York County YMCA  
**Bob Eagle, Leadership Award,** Northern York County YMCA  
**Troy Curtis, Leadership Award,** Penobscot Bay YMCA  
**Kristie Hurlburt, Service Award,** Sanford-Springvale YMCA  
**Sarah Sutherland, Service Award,** YMCA of Greater Nashua  
**Rebecca Stephens, Director of the Year,** Concord Family YMCA

## WHAT IS AYP?

The Association of YMCA Professionals (AYP) is the professional society for YMCA staff members in the United States. AYP's mission is to advance the YMCA profession. Membership is only \$135 per year and includes many benefits, including the ability to register for special AYP events, the monthly *Perspective Journal*, and eligibility for support services such as the "We Care" Support Network, the Emergency Assistance Fund, and the opportunity to apply for training grants. Join today at [www.aypymca.org](http://www.aypymca.org). Questions? Contact our Membership Chair Deb Acres at [dacres@concordymca.org](mailto:dacres@concordymca.org) or call 603-228-9622 ext 122.



### **SAVE THE DATE!**

Next year's AYP Conference is tentatively scheduled December 2-3, 2010 at the Red Jacket Inn in North Conway.

### **SPRING WORKSHOP SAVE THE DATE**

**Coaching & Feedback Workshop, April 9, 2010.** Chapter V is planning another great training opportunity for AYP members. Come join us on April 9 in Portsmouth, NH for a half-day workshop on the most effective ways to coach staff and how to share helpful feedback with peers and direct reports. A must-attend event. Watch your email for more details!

### **HELP YOUR COLLEAGUES IN NEED**

Chapter V AYP is dedicated to the well-being and personal development of YMCA staff. Through a series of planned meetings, special events and projects each year, this chapter provides the best opportunity for an individual's ongoing involvement with AYP and fellowship with other colleagues in a non-working setting. This year AYP Chapter V increased its membership to 71 active members.

Something all active AYP members have the benefit of is the Emergency Assistance Fund, which provides financial aid when an accident, illness, death of a loved one, disaster or other crisis strikes. Grants of up to \$10,000 are made to active and retired Y professionals, as well as immediate dependant family members. The Fund is supported exclusively by the very people it helps - YMCA professionals.

Any one of us may find themselves in need. How would you feel if that person sitting next to you in the office finds themselves in need? Putting \$50 on their desk might not help and probably be a very awkward situation. But...put that \$50 into Emergency Assistance Funds and multiply that by all of our members!

This year's campaign is coming to a close and we currently have 25 EAF gifts (35% of our total membership giving). Please help us reach 35 gifts, which would be 50% of our total membership giving. Though you can send in the actual payment at a later date, all pledge cards must be submitted before December 31. Please make a donation today! Remember, any and all donations brought together achieve great things. Make your donation online at [www.aypymca.org](http://www.aypymca.org). Thank you for giving and living the YMCA mission!



### **AYP BOARD WELCOMES NEW MEMBER**

The AYP Chapter V Board would like to welcome Rosalie White from the Sanford-Springvale YMCA, who will be serving as Treasurer for AYP Chapter V's board of directors. Rosalie is assuming the role vacated by Kristie Hurlburt, who is leaving the YMCA in December 2009. Thanks to Kristie for her years of service to AYP!